Provide a clear and organized presentation. Show all of your work and provide exact values only. Completely simplify your answer.

$$y^{2} \left(8x^{4} + 12x^{3} + 10x^{2} + 5x + 1\right) \frac{dy}{dx} = \left(y + \sqrt{2y^{2} + 3}\right) \left(16x^{4} + 28x^{3} + 40x^{2} + 27x + 8\right)$$