Provide a clear and organized presentation. Show all of your work and completely simplify your answers. Solve the following differential equation:

$$\left(3x^3 + 4x^2 + 10x + 3\right)\frac{dy}{dx} = \left(6x^3 + 15x^2 + 24x + 1\right)\sqrt{e^{2y} - 1}\ln\left(e^y + \sqrt{e^{2y} - 1}\right)$$