Consider the graph of y = f(x) where $f(x) = \cosh x$ and the graph of y = g(x) where $g(x) = ax^2 + bx + c$, each over the interval $[-\ln 2, \ln 2]$. We wish to find constants a, b, and c such that both f and g agree at the endpoints of this interval and the arc length for f over this interval is numerically the same as the area under the graph of g over this interval. Note that since the graph of y = f(x) is symmetric with respect to the g-axis, then the graph of g will be symmetric with respect to the g-axis as well. So, for free (since we are all Math D experts), we know that g on the same coordinate axis system after you have found the values for these constants. In arriving at these values, find the exact values prior to approximating.